

TRANS SUPPORT & SOCIAL GROUPS

Genderific West Film & Discussion Group

Meets 1st and 3rd Sundays every month. 1:00-4:00PM Trans film or documentary, w/facilitated discussion. Open to the trans community and all allies. Munchies, coffee & bottled water provided, feel free to bring food to share. Email info@transmentors.org

Genderific West Book Group

Meets 2nd Sundays each month. 1:00-4:00pm. Each month, it's a different book with a trans theme or author. Excerpts are read during group, discussion happens, and often a live webcam Q&A with the author on the big screen. Open to the trans community and allies. Email info@transmentors.org

Genderific East Valley Group

Meets 4th Sundays in Mesa every month. 1:00-4:00pm. Light potluck and facilitated discussion topics. Open to the trans community and allies. Email info@transmentors.org

Friday Nights Social: Open Swim / Tiki Nights

Year 'round fun and socializing for the trans community and allies. 6-9PM every Friday night. Summers, swim in private pool. In cooler weather, sit among the Tiki Torches 'round the campfire. Bring something for yourself to eat, (throw it on the BBQ if you want); water, tea, coffee, paper plates, napkins & condiments provided. Email info@transmentors.org

TG Harmony

A support group for transgender people
<http://www.tgharmony.com/>

Dr. Rowlett's Trans Veterans Group Therapy

Tuesdays 3:00-4:00pm at the VA Hospital in Phoenix
Phone: (602) 277-5551

Transgender Support Group with Mary Brasch

Monthly on First Thursday, 7:30-8:30pm
3040 E. Cactus Rd., Suite A
Phone: 602.494.1515

TransMentors International, Inc.

International organization supporting trans men, women and youth in their day-to-day lives. Services include: Mentoring, Safe Housing, Emergency Assistance: <http://www.TransMentors.org> or Info@transmentors.org

TRANSITIONAL & SAFE HOUSING

H.O.P.E. HOUSE

(Healing Opportunities Promise Empowerment). Safe House for all trans-identified persons. For those needing temporary safe housing due to transitioning, relocation, surgery stays, housing discrimination, etc. Sliding scale, all amenities provided except food, personals, and clothing. Email info@transmentors.org

This is H.O.W.

(Honesty Openminded Willingness). Transgender recovery house for persons experiencing crisis situations such as homelessness, substance abuse, familial abuse, and transition related difficulties.
<http://www.thisishowhome.org>

LOCAL INTERNET GROUPS

AZ Trans Alliance

Advocating for Gender Equality in Arizona
<http://groups.yahoo.com/group/aztransalliance>

CentralAGA

Central Arizona Gender Alliance (CAGA) is a place for all transgender/transsexual persons and their allies to come together in Central Arizona.
<http://groups.yahoo.com/group/CentralAGA>

M-Spectrum

A social and networking group for transmen, FtM's and questioning on the M Side of the trans spectrum, and partners
<http://groups.yahoo.com/group/mspectrum>

NAGA - AZ

Northern Arizona Gender Alliance
<http://groups.yahoo.com/group/naga-az>

Phoenix T-men

An online discussion group for transmen founded by Nicolas Love <http://groups.yahoo.com/group/phoenixt-men>

Transgender Arizona

Linking Arizona Trans groups and websites.
<http://transgender-arizona.bravehost.com/>

TransMentors International Facebook Group

<http://www.facebook.com/groups/TransMentors/>

FTM Mentors

Connecting trans-identified men worldwide.
www.ftmentors.org

MTF Mentors

Connecting trans-identified women worldwide.
www.mtfmentors.org

Resource list provided by TransMentors International, Inc. These and other resources can be found on the Central Arizona Gender Alliance website at www.CAGAPhoenix.org.

Please email info@TransMentors.org for more information.



TransMentors International



Connecting Trans Identities
Locally & Globally

Guide to Transgender /
Transsexual Resources
in
Central Arizona

2942 N. 24th Street, Suite #114-337
Phoenix, AZ 85033
Voice: 877-366-3888
Fax: 866-755-2514

Website: www.TransMentors.org
Email: info@TransMentors.org

TRANS ACCEPTING HEALTH CARE

Melanie Cloonan-Schulte, MD
595 N Dobson Rd Suite D76
Chandler AZ 85224
Phone: 480.821.0788

FIT Health Care Clinic
Patric Hernandez-Kline, DNP
4312 N 7th Ave
Phoenix, AZ 85013
Phone: 602.279.5049
fithcc@gmail.com
<http://www.myfithealthcare.com>

Carol Williams, FNP
Gender clinic: 1st and last Fridays AFTERNOONS only.
1144 E. McDowell Rd. Ste. #300
Phoenix, Az. 85006
Phone: 602.344.6550
E-mail: carolwilliams@hcs.maricopa.gov

Laura Westfall, M.S.,F.N.P.R.N.C
Internal medicine/ Primary care doctor
Phone 602.258.5545

TRANS-FRIENDLY THERAPISTS

Brasch, Mary A. MA/MA LPC
3040 East Cactus Rd
Phoenix, AZ. 85032
Phone: 602.494.1515
Email: debrasch96@cox.net

Michael D. Peck, MA, MSW, PhD
Q Counseling Services, LLC
301 E Bethany Home Rd, ste C-296
Phoenix, AZ 85012
Phone: 602.570.2373

Grant, Ginnie LISW
Scottsdale, Tempe & Phoenix AZ
Offices Valley Wide
Phone: 480.897.0444 & 602.434.3652

Gary Lovejoy, PhD
4500 S Lakeshore Dr Ste 41
Tempe, AZ 85282
Phone: 480.756.1669

Nettles, Sandra LCSW, MSSW
Deer Valley Counseling
Phoenix & Humboldt, AZ
Phone: 602.750.8051
Website: www.deerval.com

TRANS-FRIENDLY THERAPISTS (Cont.)

O'Donoghue, C. Judy Ph.D.
3910 S. Rural Rd. Suite A-1
Tempe, AZ. 85282
Phone: 480.894.2425

Watson, Dalena M. LPC, FAMI, MT-BC
Casa de Cristo/Genesis Counseling Center
P.O. Box 7007
1029 E. Turney
Phoenix, AZ. 85011
Phone: 602.686.3723
Email: DalenaW@musicandimagery.com
<http://www.musicandimagery.com>

Rene Broussard, LPC, LISAC
2121 S. Mill Ave. Suite 223
Tempe, AZ 85282
Phone: 480.751.1020
Accepts insurance. Call for details.

Ruge, Shellie MS
Crisis Preparation & Recovery
3260 N Hayden Rd Ste 101
Scottsdale, AZ 85251
Phone: 480.804.0326 Ext 183

Jennifer Lewis, PhD
7373 E Doubletree Ranch Rd Ste 200
Scottsdale, AZ 85258
Phone: 602.451.5533

REASSIGNMENT SURGEONS

Dr. Toby Meltzer
7025 N Scottsdale Rd, Suite 302
Scottsdale AZ 85253
Phone: 480.657.7006
Fax: 480.657.7020
MTF and FTM Surgeries

Dr. Richard Pavese
2000 E. Southern Ave Suite 101
Tempe, AZ 85282
Phone: 480.838.7788
Fax: 480.820.3585
Top surgery for FTM

Dr Balderrama, MD
1945 Mesquite Ave. Suite D
Lake Havasu City, AZ 86403
Phone: 928.453.9487
Fax: 928.453.9562
Website: <http://www.balderramamd.com/>
E-mail: info@balderramamd.com
Top surgery for FTM

REASSIGNMENT SURGEONS (Cont.)

Dr. Raad Taki
4580 E. Camp Lowell Dr.
Tucson, Az 85712
Phone: 520.881.3232
<http://www.takiplasticsurgery.com>
Top surgery for FTM. May or may not provide letter.

YOUTH

Trans Youth Family Allies
<http://www.imatyfa.org>
Phone: 888.462.8932

1 in 10

Phoenix area youth group for LGBTQ youth ages 14-22
<http://www.1n10.org>
Phone: 602.475.7456

HIV/AIDS

SouthWest Center for HIV/AIDS
<http://swhiv.org/>
Phone: 602.307.5330

Care Directions
<http://www.caredirections.org>
Phone: 602.279.0008

Shanti Arizona
<http://www.shantiaz.org/>
Phone: 602.264-2273

CHURCHES

Community Church of Hope
<http://www.communitychurchofhope.com>
Phone: 602.234.2180

Gentle Shepherd MCC
<http://gsmcc.org/>
Phone: (602) 864-6404

SUPPORTING ORGANIZATIONS & BUSINESSES

1 Voice Community Center
Cultural focal point uniting LGBT individuals
<http://1vcc.org>
Phone: 602-712-0111

Phoenix PFLAG

Parents, Family, Friends, and Allies of Lesbians and Gays. Phoenix PFLAG is very trans-friendly, welcoming and affirming! Five meetings around the valley, find one or more near you! <http://www.pflagphoenix.org/>
Phone: 602.843.1404

Senzo Pelo Med Spa

Laser Electrolysis & Skin Care
Maria DeNicola
Phone: 602.246.1966